

Post appointment instructions

Root Canal

1. Avoid eating or drinking until local anesthetic wears off.
2. If a temporary filling was placed in your tooth, avoid chewing sticky or chewy food on this side until a permanent restoration is placed. If a permanent filling was placed, try not to chew on this side for the next 24 hours.
3. Some discomfort is normal following a root canal. This may last as long as 72 hours. Take Advil (Ibuprofen) if you are not allergic. If you can't take ibuprofen, take extra-strength Tylenol.
4. Take any prescription medication we prescribed as directed.
5. If swelling develops, or you have any questions, please call us immediately at **423-7868**