

Post appointment instructions

Crown or Bridge Preparation

1. Avoid chewing sticky or chewy foods where the temporary crown or bridge has been placed.
2. Brush your teeth normally
3. When flossing around the temporary, insert floss between teeth in normal manner, but pull floss out through the teeth from the side instead of straight up.
4. Avoid chewing or eating until the local anesthetic wears off.
5. Some mild discomfort is normal. Take Advil (ibuprofen) or Tylenol to relieve this.